



The Russia and West Virginia Foundation



THIS IS THE TRIP YOU HAVE WAITED FOR

Barcelona and Southern France

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The RWVF is a 501(c)(3) non-profit organization established in 1993. The focus of the organization is to promote exchanges in the areas of business, community, culture and education. Since the incorporation date the Foundation has sponsored over 400 exchanges in these areas.

Mar 29 Leave Charlotte on United Airlines at noon

Mar 30 Barcelona arrival - city sightseeing and a tapas welcome dinner
coach tour with local guide and including visit to Montjuic hill and the harbor and ending at a restaurant for a tapas dinner.

Sleep at a 4* hotel Vincci Maritimo / 3 nights
Mar 31 Barcelona sightseeing in the Gothic Quarter and whimsical Parc Guell

Breakfast at hotel.
Morning coach tour with local guide and including entrance fees to Barcelona Cathedral and the Sagrada Familia. Also visit the Güell

Park.
Remainder of the day at leisure.

Apr 01 Barcelona sightseeing - Walking Tours Gourmet (a gourmet cooking class is optional for a fee)

Breakfast at hotel.
gourmet walking tour with local guide.
Remainder of the day at leisure.

Apr 02 Barcelona - Colliure - Exploring artistic impressions along the "Wild Coast" Costa Brava

Breakfast at hotel.
Your Barcelona travel adventure takes you along Spain's Costa Brava, the Wild Coast, in the footsteps of

some of the world's most noted artists who found inspiration here; it wasn't just the Moors who were lured to the south of Spain, artists found their inspiration here too. Stop in Figueres en route to Colliure, France, to see a town that is alive with images of Salvador Dali. The internationally known, ultra-flamboyant artist was born here in 1904 and died here in 1989. Drive along the Costa Brava across the French border to Collioure - the "City of Painters." Artists like Picasso, Matisse and Chagall immortalized the small Catalan harbor you'll see here in their paintings. Overnight at Hotel Madeloc

Apr 03 Colliure - Perpignan - Carcassone

Walking tour walking tour through Perpignan to see the attractions in the town's historic centre. The walled citadel town of Carcassonne is your final destination today; its fairy-tale setting of medieval turrets and ramparts is perfectly preserved to offer you an authentic look at life in the Middle Ages.



Spend the next two nights right inside the ancient city

walls at a former palace, lavishly restored.
2 nights at hotel Le Donjon or similar / 2 nights.

Apr 04 Carcassone, an old-fashioned canal cruise on beautiful Canal du Midi and lunch at a private vineyard at hotel.



fortifications, dating to the 5th century, provide a storied setting for your explorations this morning; hear stories about the crusaders and conquerors who occupied Carcassonne, then explore the ramparts on

your own. English guided tour through the old town including the entrance of the Chateau. Domaine O'Veineyards is just a few kilometers north of Carcassonne.



We will visit the cellar and winery and talk about the winemaking process. We then taste young wines from tank and barrel and you can learn how tasting young wine is different than commercially available wine. Lunch and wine included



BARCELONA



Apr 05 Carcassone - Quillan - Andorra La Vella
After breakfast Cruise aboard a traditional flat-bottom Gabare along the 17th-century Canal du Midi, designated a UNESCO World Heritage Site for its remarkable engineering features.



(After the tour depart for Andorra la Vella, located on the banks of the river Aude, is

a small and charming town that serves as a base for people exploring the deep and enchanting forests of the Pyrenees along with the captivating castles of the Cathars the banks of the river Aude, is a small and charming town that serves as a base for people exploring the deep and enchanting forests of the Pyrenees along with the captivating castles of the Cathars. The largest industry in the town concerns the manufacture of shoes and hats. The town has its own rather unusual castle. The perfectly square fortifications were built in the 1280's and

are now largely ruins. Explore Andorra La Vella, the capital town of Andorra. Highlights include the Church of Santa Coloma, which was built in the 9th and 10th centuries, and the Casa de la Vall, the seat of Parliament which dates back to the 16th century. You might also enjoy a spot of duty-free shopping while you are here. Overnight at 4* hotel Andorra Center or similar / 1 night



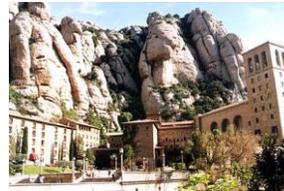
Apr 06 Andorra La Vella - Cardona - Montserrat



En route we will visit the picturesque town of Cardona. There, on top of a hill, we find a walled castle-fortress, a beautiful example of Catalan Romanesque. The history of Cardona, located in the region of Bages, begins in the Middle Ages, around the 8th century

when the castle-palace-monastery was built.

Visit the monastery at Montserrat,



which sits atop a 1,200m-high (3,936-ft.) mountain, 11km (7 miles) long and 5.5km (3 1/2 miles) wide, is one of the most important pilgrimage spots in Spain. It ranks alongside Zaragoza and Santiago de

Compostela. One of the monastery's noted attractions is the 50-member Escolania, one of the oldest and most renowned boys' choirs in Europe, dating from the 13th century. At 1pm daily you can hear them singing "Salve Regina" and the "Virolai" (hymn of Montserrat) in the basilica. and overnight at 3* hotel Abat Cisneros

Apr 07 Montserrat - short drive to Barcelona airport
Take your flight back home

Cost and Stuff

Only \$3,000 per person (compare with similar trips starting at \$5,000)

Guarantee of price and airfare of \$500 by January 15 (only 15 spaces guaranteed)

Accept Visa, Master Card or American Express

Cost is Always A Factor!

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